



Where the end of breast cancer begins.™

COMMUNITY GRANTS REQUEST FOR APPLICATIONS

APPLICATION DEADLINE: Friday, December 20th, 2019

PERFORMANCE PERIOD: April 1, 2020- March 31, 2021

AWARD NOTIFICATION: March of 2020

OUR MISSION: SAVE LIVES BY MEETING THE MOST CRITICAL NEEDS IN OUR COMMUNITIES AND INVESTING IN BREAKTHROUGH RESEARCH TO PREVENT AND CURE BREAST CANCER

OUR BOLD GOAL: REDUCE THE CURRENT NUMBER OF BREAST CANCER DEATHS BY 50% IN THE U.S. BY 2026.

Susan G. Komen® Central Tennessee
4009 Hillsboro Pike Suite 209
Nashville, TN 37215
www.komencentraltennessee.org

Questions:
Jordan Clum, Grants Administrator
(309) 453-7084
jclum@komencentraltennessee.org

TABLE OF CONTENTS

Contents

About Susan G Komen® and Komen Central Tennessee.....	3
Eligibility Requirements	3
Eligible Service Area.....	4
Funding Priorities.....	4
Allowable Costs	6
Non-Allowable Costs	6
Breast Cancer Education.....	7
Project Objectives	7
Project Narrative.....	8
Review Process	9
Required Reporting Metrics	10
Submission Requirements	13
Checklist For Application Completion	13
Appendix A: SMART Objective Checklist	15
Appendix B: Continuum of Care	15
Appendix C: Service Area	16
Appendix D: Definitions.....	16

ABOUT SUSAN G KOMEN® AND KOMEN CENTRAL TENNESSEE

Susan G. Komen is the world's largest breast cancer organization, funding more breast cancer research than any other nonprofit outside of the U.S. government while providing real-time help to those facing the disease. Komen has set a Bold Goal to reduce the current number of breast cancer deaths by 50 percent in the U.S. by 2026. Since its founding in 1982, Komen has funded more than \$988 million in research and provided more than \$2.2 billion in funding to screening, education, treatment and psychosocial support programs. Komen has worked in more than 60 countries worldwide. Komen was founded by Nancy G. Brinker, who promised her sister, Susan G. Komen, that she would end the disease that claimed Suzy's life. Komen Central Tennessee has invested \$10.1 million in community breast health programs in 41 counties and has helped contribute to the more than \$988 million invested globally in research.

ELIGIBILITY REQUIREMENTS

- Individuals are not eligible to apply.
- Applications will only be accepted from governmental organizations under Section 170(c)(1) or nonprofit organizations under Section 501(c)(3) of the Internal Revenue Service (IRS) code. Applicants must prove tax-exempt status by providing a letter of determination from the IRS.
- Proposed projects must be specific to breast health and/or breast cancer and address the priorities identified within this RFA. If a project includes other health issues along with breast cancer, such as a breast and cervical cancer project, funding may only be requested for the breast cancer portion.
- All past and current Komen-funded projects must be in compliance with Komen requirements.
- If applicant, or any of its key employees, directors, officers or agents is convicted of fraud or a crime involving any other financial or administrative impropriety in the 12 months prior to the submission deadline for the application, then applicant is not eligible to apply for a grant until 12 months after the conviction. After such 12-month period, applicant must demonstrate in its application that appropriate remedial measures have been taken to ensure that any criminal misconduct will not recur.
- At least one individual from the applicant organization must attend a **mandatory** Grant Writing Workshop. Dates, times and locations are listed on komencentraltennessee.org.
- Current Komen funded grantees are eligible to apply. Funding is not guaranteed each year, therefore grantees should analyze their approved project objectives prior to applying for continued funding.

ELIGIBLE SERVICE AREA

Applicants must provide services to **residents** of one or more of the following locations:

Target counties are bolded below:

Bledsoe County, TN	Marion County, TN	Sumner County, TN
Bradley County, TN	Maury County, TN	Trousdale County, TN
Cannon County, TN	McMinn County, TN	Van Buren County, TN
Cheatham County, TN	Meigs, County, TN	Warren County, TN
Clay County, TN	Montgomery County, TN	White County, TN
Cumberland County, TNN	Overton County, TN	Williamson County, TN
Davidson County, TN	Picket County, TN	Wilson County, TN
DeKalb County, TN	Polk County, TN	Catoosa County, GA
Dickson County, TN	Putnam County, TN	Dade County, GA
Fentress County, TN	Rhea County, TN	Fannin County, GA
Grundy County, TN	Robertson County, TN	Murray County, GA
Hamilton County, TN	Rutherford County, TN	Walker County, GA
Jackson County, TN	Sequatchie County, TN	Whitfield, County, GA
Macon County, TN	Smith County, TN	

FUNDING PRIORITIES

Komen Central Tennessee supports breast cancer projects that address the funding priorities below, which were selected based on data from our current Community Profile Report, found on our website at www.komencentraltennessee.org.

The funding priority areas are listed below

- **Patient Navigation**

Projects that provide evidence-based patient navigation for African American and Hispanic population that reside in Clay, Macon, Smith, Trousdale, Montgomery, Davidson, Hamilton, Rhea, Murray, GA, and Fannin, GA counties. Patient navigation must follow the individual from abnormal screening to diagnostic resolution and through treatment, if necessary.

Patient navigation is a process by which a trained individual- patient/nurse navigator- guides patients through and around barriers in the complex breast cancer care system. The primary focus of a patient navigator is on the individual patient, with responsibilities centered on coordinating and improving access to timely diagnostic and treatment services tailored to each individual's needs. Patient navigators offer interventions that may vary from patient to patient along the Continuum of Care and include a combination of informational, emotional, and practical support (i.e. breast cancer education, counseling, care coordination, health system navigation and access to transportation, language services and financial resources).

- **Reducing Barriers to Care**

Evidence-based projects that reduce barriers to quality breast cancer care experienced by low-income, uninsured and underinsured individuals residing in Clay, Macon, Smith, Trousdale, Montgomery, Davidson, Hamilton, Rhea, Murray, GA, and Fannin, GA counties.

Komen seeks to fund projects that provide the following no cost or low-cost services to reduce barriers to care:

- Screening/Diagnostic Screening/Treatment Services
- Mobile Mammography units, specifically in Maury, Montgomery, Trousdale, Hamilton, Rhea, Murray, GA and Fannin, GA counties
- Diagnostic/Treatment co-pay and deductible assistance
- Transportation
- Interpreter services
- Childcare/Eldercare
- Financial assistance for daily living expenses or medical treatment assistance for those receiving breast cancer treatment
- Increase quality of life of breast cancer survivors and those living with metastatic breast cancer through support, exercise programs and nutritional guidance

- **Breast Cancer Education***

Projects that provide evidence-based and culturally relevant breast cancer education in one-on-one and group settings. Based on findings from the Community Profile, these projects should target African American and Hispanic/Latina individuals that reside in Clay, Macon, Smith, Trousdale, Montgomery, Davidson, Hamilton, Rhea, Murray, GA, and Fannin, GA counties.

Breast cancer education projects should include:

- Age-appropriate breast cancer action (i.e. clinical breast exam, screening mammogram, obtaining recommended follow-up after an abnormal mammogram)
- Komen approved breast self-awareness message
- Projects must provide evidence of linkage to local breast cancer services and include a follow up with participants.

*** Requests for health fairs, resource fairs, distribution of pamphlets and mass media campaigns are NOT evidence-based interventions and will not be accepted.**

Examples of successful projects include those that result in:

- Increase in breast cancer action due to education gained
- Increased number of “never screened” women receiving mammograms
- Increase in treatment compliance
- Reduction of individuals lost to follow-up
- Reduction in time from abnormal screenings to diagnostic procedures
- Reduction in time from diagnostic resolution to treatment

ALLOWABLE COSTS

Applicants may request funding from \$10,000 up to \$50,000 (combined direct and indirect costs) mobile mammography programs and up to \$20,000 (combined direct and indirect costs) for other internal breast health related programs) for one year. All requested costs must be directly attributable to the project, provide an estimated cost calculation and include a brief justification explaining why the costs are necessary to achieve project objectives:

- **Salaries and Fringe Benefits**
Project staff responsible for achieving project objectives with salary and fringe benefits adjusted to reflect the percentage of effort on the project.
- **Consultants/ Sub-contracts**
Consultants are persons or organizations that offer specific expertise for achieving project objectives not provided by project staff and are usually paid by the hour or day. Subcontractors have substantive involvement with a specific portion of the project for achieving project objectives, often providing services not provided by the applicant.
- **Supplies**
Resources needed to achieve project objectives.
- **Travel**
Conference registration fees/travel or mileage reimbursement by project staff or volunteers necessary to achieve project objectives.
- **Patient Care**
Costs for providing direct services for a patient to achieve project objectives.
- **Other Direct Costs**
Direct costs directly attributable to the project that cannot be included in existing budget sections.
- **Indirect Costs, not to exceed 15 percent of direct costs**
These include costs for supporting the project such as, allocated costs such for facilities, technology support, communication expenses and administrative support.

NON-ALLOWABLE COSTS

- Research, defined as any project activity with the primary goal of gathering and analyzing data or information.
 - Specific examples include, but are not limited to, projects or programs designed to:
 - Understand the biology and/or causes of breast cancer
 - Improve existing or develop new screening or diagnostic methods
 - Identify approaches to breast cancer prevention or risk reduction
 - Improve existing or develop new treatments for breast cancer or to overcome treatment resistance, or to understand post-treatment effects
 - Investigate or validate methods or tools

- Education regarding breast self-exams/use of breast models. According to studies, teaching breast self-exam (BSE) has not been shown to be effective at reducing mortality from breast cancer
- Development of educational materials or resources that either duplicate existing Komen materials or for which there is not a demonstrated need. Applicants can view, download and print all of Komen's educational materials by visiting <http://ww5.komen.org/BreastCancer/KomenEducationalMaterials.html>. If an applicant intends to use supplemental materials, they should be consistent with Komen messages.
- Education via mass media (e.g., television, radio, newspapers, billboards), health fairs and material distribution. Evidence-based methods such as one on one and group sessions should be used to educate the community and providers.
- Construction or renovation of facilities/ land acquisition
- Political campaigns or lobbying
- General operating funds (in excess of allowable indirect costs)
- Debt reduction
- Fundraising (e.g., endowments, annual campaigns, capital campaigns, employee matching gifts, events)
- Event sponsorships
- Projects completed before the date of grant approval
- Project-related investments/loans
- Scholarships
- Thermography
- Equipment over \$5,000 total
- Projects or portions of projects not specifically addressing breast cancer

BREAST CANCER EDUCATION

To reduce confusion and reinforce learning, Komen will only fund projects that use approved educational messages and materials that are consistent with Komen messages. Please be sure that your organization can agree to promote the messages listed here:

<http://ww5.komen.org/BreastCancer/BreastSelfAwareness.html>.

If an applicant wants to develop educational resources, they must discuss with Komen prior to application submission and provide evidence of need for the resource.

Komen has developed breast cancer education toolkits for Black and African-American communities and Hispanic/Latino communities. They are designed for health educators and organizations to meet the needs of their communities. The Hispanic/Latino toolkit is available in both English and Spanish. To access these toolkits, please visit <http://komentoolkits.org/>.

PROJECT OBJECTIVES

All applicants are required to develop project objective(s) to:

Reduce breast cancer mortality by addressing disparities, increasing access to quality and timely care, and/or improving outcomes through patient navigation.

All projects must have at least one **Specific Measurable Attainable Realistic Time-bound (SMART)** objective that will be accomplished with Komen funding and can be evaluated including an estimated timeline and the anticipated number of individuals to be served.

Guidance on crafting SMART objectives is located here:
<https://ww5.komen.org/WritingSMARTObjectives.html>.

PROJECT NARRATIVE

Statement of Need

- Describe the need for the project and explain the target population (including age, race, ethnicity, geographic location) to be served using demographic and breast cancer mortality statistics.
- Explain how project objectives will address the stated funding priorities. |
- Describe how this project aligns and assist Komen's target counties within the funding priorities. |

Project Design

- Describe what will be accomplished with project funding and the strategy to reduce breast cancer mortality and increase the percentage of people who enter, stay in or progress through the continuum of care.
- Explain how the project incorporates evidence-based practices providing citations for all references.
- Explain how the requested budget and budget justification support the project objectives.
- Explain how project staff are best suited to accomplish project objectives. |
- Provide evidence-based intervention that implements proven projects that address the specific needs in Komen's target counties and measure participant outcome, including changes in knowledge and intention to take action. |

Partners and Sustaining the Project

- Explain how collaboration strengthens the project.
- Describe past accomplishments with breast cancer projects that address our funding priorities. If the proposed project is new, describe success with other breast cancer projects.
- Describe the resources to be used to implement the project. | |

Impact and Evaluation

- Describe how the project objectives will reduce breast cancer mortality by addressing disparities, increasing access to quality and timely care, and/or improving outcomes through patient navigation.
- Describe how specific project outcomes will be evaluated.
- Describe the resources and expertise that will be used for monitoring and evaluation during the performance period. | |

REVIEW PROCESS

Each grant application will be reviewed by at least three reviewers from the community, who will consider each of the following criteria:

Statement of Need 20%:

- How well has the applicant identified the need for the project and explained the target population to be served?
- To what extent do project objectives address the stated funding priorities?
- How does this project align with and assist Komen's target counties?

Project Design 30%:

- How successful was the applicant at describing the strategy to reduce breast cancer mortality?
- How well has the applicant described what will be accomplished with project funding?
- To what extent does the project include evidence-based practices?
- How well does the budget and budget justification support project objectives?
- To what extent does project staff have the expertise to effectively implement and provide fiscal oversight of the project?
- How likely are the proposed activities achievable within the fiscal granting year?
- Does the project provide evidence-based intervention that implement proven programs that address specific needs within Komen's target county areas?

Partners and Sustaining the Project 25%:

- How well does the applicant explain the roles, responsibilities and qualifications of project partners?
- How well has the applicant demonstrated evidence of success in delivering services consistent with the stated funding priorities?
- How well has the applicant described the resources to implement the project?
- Does the applicant have the capacity to manage the project?

Impact and Evaluation 25%:

- To what extent do project objectives reduce breast cancer mortality by addressing disparities, increasing access to quality and timely care, and/or improving outcomes through patient navigation?
- To what extent does the evaluation plan aim to collect the relevant required metrics?
- To what extent are the applicant's monitoring and evaluation resources likely to adequately evaluate project success?

REQUIRED REPORTING METRICS

If awarded project funding, grantees will be required to report on the Demographics in addition to the metrics related to approved objectives listed below. For example, if the project has screening and diagnostic services objectives, the grantee will report on the Demographics, Screening Services and Diagnostic Services metrics.

Demographics

- State of residence
- County of residence
- Age
- Gender: Female, Male, Transgender, Other, Unknown
- Race: American Indian or Alaska Native, Asian, Black/African-American, Middle Eastern or North African, Native Hawaiian or Pacific Islander, White, Unknown or Other
- Ethnicity: Hispanic/Latino/Spanish origin, Not of Hispanic/Latino/Spanish origin, Unknown or Other.
- Special Populations: Amish/Mennonite, Breast cancer survivors, Healthcare providers, Homeless/residing in temporary housing, Immigrant/Newcomers/Refugees/Migrants, Living with metastatic breast cancer, Individuals with disabilities, Identifies as LGBTQ, Rural residents

Breast Cancers Diagnosed

- Staging of breast cancers diagnosed resulting from:
 - Screening services
 - Non-Biopsy diagnostic services
 - Biopsy-only
 - Community navigation into screening
 - Patient navigation into diagnostics

Education & Training

- Type of session: One-on-one, Group
- Topic of session: Breast self-awareness, available breast health services and resources, clinical trials, treatment, survivorship and quality of life, metastatic breast cancer
- Number of individuals reached by topic area
- Follow-up completed
- Action taken: Did not take action, talked to health care provider, received a breast cancer screening, shared information with family/friends, received genetic counseling/testing, talked to provider about clinical trials, enrolled in a clinical trial, adopted healthy behavior
- If health care provider training, total number of providers trained in each session (one-on-one, group) and number by provider type (Community health workers, lay educators, patient navigators, social workers, nurses, technicians, nurse practitioners/physician assistants, doctors)

Screening Services

- First time to facility
- Number of years since last screening
- Screening facility accreditation*
 - American College of Radiology – Mammography accreditation (ACR)
 - American College of Radiology - Breast Imaging Center of Excellence (BICOE)
- Count of screening services provided*
 - Clinical breast exam
 - Mammogram – in facility
 - Mammogram – mobile
 - Genetic testing/counseling
- Screening result
- Referred to diagnostics

Diagnostic Services

- Time from screening to diagnosis
- Diagnostic facility accreditation
 - American College of Radiology – any individual ACR breast diagnostic test accreditations (ACR)
 - American College of Radiology - Breast Imaging Center of Excellence (BICOE)
 - American College of Radiology – Diagnostic Imaging Center of Excellence (DICOE)
 - American College of Surgeons - National Accreditation Program for Breast Centers (NAPBC)
 - American College of Surgeons - Commission on Cancer (CoC)
- Count of diagnostic services provided
 - Diagnostic mammogram
 - Breast ultrasound
 - Breast MRI
 - Biopsy
 - Genomic testing to guide treatment
- Referred to treatment

Treatment Services

- Time from diagnosis to beginning treatment
- Treatment facility accreditation
 - American College of Radiology – any individual ACR breast cancer treatment accreditations (ACR)
 - American College of Surgeons - National Accreditation Program for Breast Centers (NAPBC)
 - National Cancer Institute-Designated Cancer Center (NCI)
 - American College of Surgeons - Commission on Cancer (CoC)
- Count of treatment services provided

- Chemotherapy
- Radiation therapy
- Surgery
- Hormone therapy
- Targeted therapy
- Count of patients enrolled in a clinical trial

Treatment Support

- Count of treatment support services provided
System management, individual or group psychosocial support, complementary and integrative therapies, palliative care, durable medical equipment.

Barrier Reduction

- Count of barrier reduction assistance services provided
 - Transportation, interpretation/translation services, co-pay/deductible assistance, daily living expenses, childcare

Patient Navigation, Care Coordination & Case Management

- Count of individuals receiving coordination of care to diagnostic services
- Count of individuals receiving coordination of care to treatment services
- Time from referral to screening
- Accreditation of screening facility navigated to
 - American College of Radiology – Mammography accreditation (ACR)
 - American College of Radiology - Breast Imaging Center of Excellence (BICOE)
- Time from abnormal screening to diagnostic resolution*
- Accreditation of diagnostic facility navigated to
 - American College of Radiology – any individual ACR breast diagnostic test accreditations (ACR)
 - American College of Radiology - Breast Imaging Center of Excellence (BICOE)
 - American College of Radiology – Diagnostic Imaging Center of Excellence (DICOE)
 - American College of Surgeons - National Accreditation Program for Breast Centers (NAPBC)
 - American College of Surgeons - Commission on Cancer (CoC)
- Time from diagnostic resolution to beginning treatment
- Accreditation of treatment facility navigated to
 - American College of Radiology – any individual ACR breast cancer treatment accreditations (ACR)
 - American College of Surgeons - National Accreditation Program for Breast Centers (NAPBC)
 - National Cancer Institute-Designated Cancer Center (NCI)
 - American College of Surgeons - Commission on Cancer (CoC)
- Patient enrolled in a clinical trial
- Individual completed physician recommended treatment

- Survivorship care plan provided
- Breast cancer records provided to primary care provider

SUBMISSION REQUIREMENTS

All applications must be submitted online through the Komen Grants Portal at komen.smartsimple.com before the application deadline to be considered.

Extensions to the submission deadline will not be granted, with the rare exception made for severe extenuating circumstances at the sole discretion of Komen.

The application process is competitive, regardless of whether or not an organization has received a grant in the past. Funding in subsequent years is never guaranteed.

CHECKLIST FOR APPLICATION COMPLETION

- **Eligibility Requirements** – Applicant meets all eligibility requirements as stated in the Komen Grants Portal and in this Request for Applications.
- **Allowable Costs** – All proposed costs are directly attributable to the project, provide an estimated cost calculation and include a brief justification explaining why the costs are necessary to achieve project objectives.
- **Non-Allowable Costs** – non-allowable costs are not included in the application.
- **Breast Cancer Education** – Applicant can agree to promote Komen’s education messages listed here: <http://ww5.komen.org/BreastCancer/BreastSelfAwareness.html>
- **Project Narrative** – Applicant has addressed each question in the Statement of Need, Project Design, Partners and Sustaining the Project, and Impact and Evaluation sections.
- **Project Objectives** – Proposed objectives are SMART, will be accomplished with Komen funding, and aim to reduce breast cancer mortality by addressing disparities, increasing access to quality and timely care, and/or improving outcomes through patient navigation.
- **Proof of Tax-Exempt Status** – To document the applicant’s **federal tax-exempt status**, provide a letter of determination from the Internal Revenue Service. Evidence of state or local exemption will not be accepted. Please do not provide a Federal tax return.
- **Resume/Job Description** – For key personnel that are currently employed by the applicant organization, provide a resume or *curriculum vitae* that includes education level achieved and licenses/certifications obtained. For new or vacant positions, provide a job description (*Two-page limit per individual*).
- **Letters of Support / Memoranda of Understanding** – From project partners identified in the Project Narrative / Partners and Sustaining the Project section.
- **Assurances** – Applicant assures compliance with the following policies if awarded project funding:

-
- Recipients of services must reside in the Affiliate Service Area.
 - The effective date of the grant agreement is the date on which Komen fully executes the grant agreement and shall serve as the start date of the project. No expenses may be accrued against the project until the grant agreement is fully executed. The contracting process can take up to six weeks from the date of the award notification letter.
 - Any unspent funds over \$1.00 must be returned to Komen.
 - Grant payments will be made in installments pending acceptance of and compliance with terms and conditions of a fully executed grant agreement.
 - Grantee will be required to submit a minimum of one semi-annual progress report and one final report that will include, among other things, an accounting of expenditures and a description of project achievements. Additional reports may be requested.
 - At the discretion of Komen, the grantee may request one no-cost extension of no more than six months per project. Requests must be made by grantee no later than 30 days prior to the end date of the project.
 - Certain insurance coverage must be demonstrated through a certificate of insurance at the execution of the grant agreement, if awarded. Grantee is required at minimum to hold:
 - Commercial general liability insurance with combined limits of not less than \$1,000,000 per occurrence and \$2,000,000 in the aggregate for bodily injury, including death, property damage and advertising injury;
 - Workers' compensation insurance in the amount required by the law in the state(s) in which its workers are located and employers' liability insurance with limits of not less than \$1,000,000; and
 - Excess/umbrella insurance with a limit of not less than \$5,000,000.
 - To the extent any transportation services are provided, \$1,000,000 combined single limit of automobile liability coverage will be required.
 - To the extent medical services are provided, medical malpractice coverage with combined limits of not less than \$1,000,000 per occurrence and \$3,000,000 in the aggregate will be required.
- Grantees are also required to provide Komen with a certificate of insurance with Susan G. Komen Breast Cancer Foundation, Inc., Susan G. Komen Central Tennessee, its officers, employees and agents named as Additional Insured on the above policies solely with respect to the project and any additional policies and riders entered into by grantee in connection with the project. |

APPENDIX A: SMART OBJECTIVE CHECKLIST

Criteria to assess objectives	Yes	No
1. Is the objective SMART?		
<ul style="list-style-type: none"> • Specific: Who? (target population and persons doing the activity) and What? (action/activity) 		
<ul style="list-style-type: none"> • Measurable: How much change is expected? 		
<ul style="list-style-type: none"> • Achievable: Can be realistically accomplished given current resources and constraints 		
<ul style="list-style-type: none"> • Realistic: Addresses the scope of the project and proposes reasonable programmatic steps 		
<ul style="list-style-type: none"> • Time-bound: Provides a time frame indicating when the objective will be met 		
2. Does it relate to a single result?		
3. Is it clearly written?		

Source: Department of Health and Human Services- Centers for Disease Control and Prevention. January 2009. Evaluation Briefs: Writing SMART Objectives. <http://www.cdc.gov/healthyouth/evaluation/pdf/brief3b.pdf>

APPENDIX B: CONTINUUM OF CARE



